

Kory's Story

Getting the COVID-19 Vaccine



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Kory's Story

Getting the COVID vaccine

Kory was asked if he wanted a vaccine because he works at a long-term care home.



He was confused about if it would be good or bad for him to do this.



He was also scared of needles.



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How did Kory decide?

Kory took some time to think about it.



He looked at information he trusted to learn more about it.



If I don't take the vaccine,
I might get sick, or make
people sick where I work

If I take the vaccine, It can
save lives of people where I
work because I won't make
them sick

The needle might hurt.
But I've done that
before , and I was ok.

If I take the vaccine, it will
be faster for me to be with
the people I love



Kory decided to get the vaccine

“At the end of the day it is a choice, but if it’s a choice where I could save a life, save a loved one, then sign me up any day. This is what will have an impact for many days”.



After deciding to get the vaccine

Kory got support from family and loved ones



Thought about the good things that could happen if he got the vaccine.



He said "it is going to be ok" over and over to himself.



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When he got to the vaccine clinic

The people there smiled at him.
“Their smile was everything”



It felt positive. The people there weren't complaining.



While getting his vaccine:

The nurse spoke to him and asked him questions.



Kory told the nurse he was nervous.

The nurse explained what would happen.



Kory took some deep breaths and told jokes.



This made him feel better.

While getting his vaccine:

Kory said: “Just do it already!” – and she said it was already done!



He realized it didn't really hurt, and was very fast.

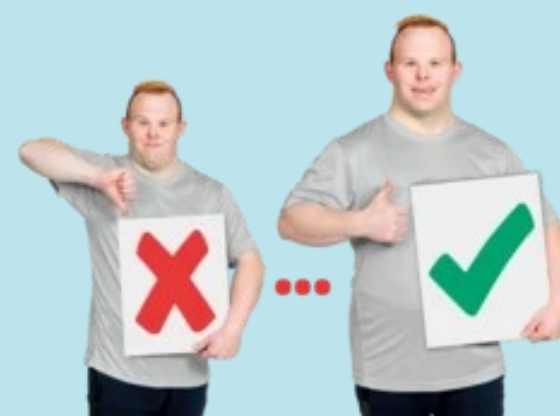


How it felt after:

It was red in the spot where he got a needle.



His arm was sore that night, but felt better the next morning.



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Kory's advice

For people with disabilities

“Don’t be afraid to ask questions, and don’t be afraid to ask them to repeat their answers in plain language if you do not understand.

Have a conversation, crack jokes”



To people working in vaccine clinics:

“Please help them understand by breaking down the process, and provide a kind smile and support”.



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